

Your Discharge from Hospital

Information and advice for patients

Your Discharge from Hospital

Midland Metropolitan University Hospital (MMUH) is an acute hospital, and now you are recovering, our wards are no longer the best place to assess your continuing care needs. Your medical team has recognised that you are going to require extra support on discharge, and we have various pathway options which have been discussed with you. The team at MMUH is ensuring that you have the support you need once you leave the hospital.

Assessment and Discharge Planning

Your ongoing care needs will be assessed by your specialist team. This may include in-home monitoring or a home assessment to arrange necessary equipment or carers. This should not delay your discharge from the acute hospital.

Integrated Discharge Hub

Your care will be transferred to the hub team, who work with our nursing staff, physiotherapy, and occupational therapy staff to find the best placement for you based on your individual care needs.

Continuing Care Facilities

Our care facilities include Rowley Regis Hospital, Harvest View Nursing Home and Leasowes Intermediate Care. Each facility offers different levels of therapy and support. We will discuss the most suitable options with you and your family, and ensure you are transferred to the most suitable one once you have been declared medically fit and no longer require an acute bed in hospital.

Long-Term Care If you require longer-term or a permanent care home placement, your social care professional will continue to assist in finding the right place.

Right to reside

When your medical team have decided that you are medically fit you will be discharged home or transferred to one of our continuing care facilities at the earliest opportunity to free up our acute beds for other patients who need them. There is no option for you to remain in an acute bed from this point.

Discharge Lounge On the day of discharge, you'll transfer to our discharge lounge which is open from 7.00am-7.30pm.

If you have any concerns or questions, the staff at MMUH are there to help. We are committed to supporting your recovery and ensuring you have the best care possible. Please ask your team if you have any questions regarding the next steps in your recovery journey.

If you would like to suggest any amendments or improvements to this leaflet please contact SWB Library Services on ext 3587 or email **swbh.library@nhs.net**.



A Teaching Trust of The University of Birmingham

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