

Engage e-newsletter



Issue 2

Welcome to the second edition of our engage e-newsletter for Sandwell and West Birmingham NHS Trust Engagement Members.

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Save the dates

We'd like to hear about your experiences of using our healthcare services and there are many ways to get involved and give us your views and feedback.

There are a number of upcoming '**What matters to you?**' workshops and conversation you may like to attend. *Light refreshments will be provided.*



- **Carers Workshop** on Wednesday 24th May 2023 from 10am to 12.30pm at Brasshouse Community Centre, B66 1BA. We'd like to hear about your experiences as a carer and find out how we can work together to improve the services we provide, as well as supporting you in the process. [Register here](#).
- **Youth Forum** every last Tuesday of the month from 6.30pm to 8pm. Food and drinks provided from 5.45pm. The next meeting is on Tuesday 30th May 2023 [Register here](#).
- **Focus on Frailty** conversation on Tuesday 6th June 2023 from 10am to 12pm at Yemeni Community Association in Sandwell, B70 9SJ. We'll be talking about the current and new frailty pathway, and we'd like your views. Places are limited. [Register here](#).
- **Food and Nutrition** in hospital settings session on Tuesday 27th June from 2pm to 4pm at Sandwell Hospital Education Centre. For more information contact [Jamie Emery](#).
- **Midland Met Roadshow** in the summer, where you'll be able to hop on our Let's Talk bus and find out more about the new hospital.
- **Bereavement Workshop** on Wednesday 26th September 2023 at Brasshouse Community Centre, B66 1BA. Further details to be shared.

Engagement round up

Read about our recent conversations with local people, patients and service users to help improve our healthcare services.

Let's talk about the new hospital Midland Metropolitan University Hospital (MMUH)

Our new hospital in Smethwick opens next year. So, we have been busy talking to as many people and partners as possible about our new model of care and getting their feedback on it. Since the last newsletter, we have been



talking to our GP colleagues, staff, faith leaders, businesses and residents close to the new hospital, young people through our youth forum, stroke survivors and their families, representatives from the local voluntary, community and charitable sector.

We are always looking to extend the number of people and organisations we engage with around the new hospital. So, if you are part of a local organisation, for example, a tenants and residents association, local church, mosque or temple, we would love to come along and talk to you, your friends and colleagues about the new hospital and our wider model of care.

Working with our local communities

Did you know that Sandwell and West Birmingham NHS Trust provides more than just hospital care? The Trust provides a range of community services, such as district nursing, intermediate care beds, virtual wards and also some GP services.



We are very keen to learn from people's experience of care and we know that it takes more than a hospital to keep people well and safe at home. The Trust values the role and range of services that the voluntary, community, faith and social enterprise sector provide to

deliver the best care possible to our patients.

Community takes over the Trust's Integration Committee

At the Trust we have a new Integration Committee which is chaired by one of our Non-Executive Directors and formally reports to the Trust Board. Right from the onset, we were very keen to hear from local community-based organisations who either directly or indirectly have a benefit to the health and well-being of local people, our patients, their communities and their communities. At every committee meeting we have a community takeover item. Where we invite local organisations to come along and share with us the great work, they are doing around improving people's health. They have an opportunity to challenge and ask questions of the committee in relation to our work in communities. Whilst we have good relationships with many local organisations it is important to learn more and build a picture of what services exist in our communities and how we can work in partnership with them to improve patient experience, provide high quality, timely access to services and avoid hospital admissions by keeping people health and well in their own home and reduce health inequalities in our area.

The photograph below was taken at our April Integration Committee, which was hosted by Saathi House in Aston and heard from a range of local organisations who come under a community collaborative known as Flourish.



District Nursing Teams Roadshow

Over the past few weeks, we have worked with the our District Nursing teams to hold 'What matters to you?' conversations across Smethwick, West Bromwich and Rowley to find out

how we can improve our community services. Patients told us that continuity of care, reassurance, reliability, friendly staff, good communication and patients being in control of their care are a few of the things that matter. Themes and key points from these events will be shared with key decision makers to make important changes.



Trust joined forces with temple to promote healthcare checks and the new Midland Met hospital

Volunteers at Sandwell's iconic Balaji temple partnered with the Trust and others key partners to host a health and wellbeing event on 22nd April. The aim of the event was to raise awareness of healthcare services available to the local community. Stalls included Healthy Sandwell, Targeted Lung Health Check programme which is coming to Sandwell soon, our amazing cancer service team, our library service sharing shocking statistics about health literacy. Our bowel screening team also brought along their huge interactive inflatable walk-through bowel to raise awareness of bowel cancer symptoms and other diseases of the large intestine. On the day, we also talked to local people about the new hospital including the future services model and some even took a virtual tour of the new Midland Met hospital. It was also great to hear from our local patients, public and our stakeholders about their experiences of using our services from their point of view.





Women's Cancer Support Group

The Trust's Women's Cancer Support Group meet once every month at the Postgraduate Centre at City Road Hospital. The group provides a safe and supportive environment for women and their partners to talk about cancer and their journey, with people who are in or have been in a similar situation. The group is free to attend. You'll get a good cup of tea and great company. If you or someone you know would like attend this group, [contact us](#) to find out more.



Youth Forum

Do you know someone aged between 13 to 21 years, who is interested in health and would like find out more about our hospitals? Then ask them to join our Youth Forum which meets every last Tuesday of the month from 6.30pm to 8pm at Sandwell Hospital Education Centre, Hallam Street, West Bromwich B71 4HJ. Food and drinks provided from 5.45pm.



Each session has a focused theme and at the next forum on Tuesday 30th May 2023, Mattie and Louis from Hospital Rooms - an arts organisation currently working with Sandwell CAMHS (Children and Adult Mental Health Service) will be attending. They will run some art session and hear about what our local young people would like to see in

these spaces.

Our Chief Executive, Richard Beeken will be attending to meet our young people and talk to them about health care and opportunities. Mandeep from Medical Illustrations will also be finalise our logo for Youth Space, the new name for our forum.

Sound interesting? Call 0121 507 2671 or email the team at swbh.engagement@nhs.net or [register here](#) to book a place.

Midland Met News

For more information about the new Midland Met hospital [click here](#) or follow [@MidlandMetUH](#) on Twitter.

Did you know?

Midland Metropolitan University Hospital will be our acute centre for care and includes:

- A purpose-built emergency department with co-located imaging and diagnostic services.
- A dedicated children's emergency department and assessment unit.
- Adult and children's wards with 50 per cent en-suite single rooms.

Leaders unite to ensure Midland Met is #morethanahospital

Midland Metropolitan University Hospital (MMUH) is one of the most significant hospital

developments in the NHS. It is also part of a major development set to regenerate and transform the local area. To ensure that the Midland Met delivers on its promises, public sector leaders from across the region met recently to focus and agree on how the new hospital can contribute to wider economic and social regeneration and assure positive benefits to the long-term health of the local population. [Read more](#)



Community matters: Listening to our near neighbours

As we work towards the opening of the new hospital in 2024, being a good partner is a priority for the Trust. Following the three events earlier this year, the Trust is addressing the feedback received and continues to work closely with our Midland Met partners to find solutions to concerns and issues raised at the meetings.

Travel, transport and parking are very important areas to the Trust and our local Midland Met communities, who have expressed concern about car parking when the hospital opens. The Trust is developing an overall framework Travel Plan which will support our Green/Sustainability ambitions and our strategic objectives for Patients, People and Population. Creating this integrated plan will make it easier for patients, staff and visitors to access the Trust's services and places of work.

We anticipate holding the next Near Neighbours meeting focusing on transport, traffic and parking towards the end of June or beginning of July. Once a date has been set, we will email you with further details.

Soaring for We Are Metropolitan

Two of our Your Trust Charity colleagues Johnny Shah and Chris Spencer will be soaring down a 220 metre zip wire at the Midland Metropolitan University Hospital dressed as the Blues Brothers. Their mission is to raise £1000.00 of charitable



funds for the We Are Metropolitan campaign. The campaign aims raise £2m to develop community spaces, create a welcoming and healing environment and enhance research and development. If you would like to sponsor Johnny and Chris, visit their [JustGiving](#) page. For more information email: trustcharity@nhs.net

Are you up for the challenge?



Would you like to join our crane and take part in the zip wire challenge on 1 and 2 July to raise money for our We are Metropolitan Campaign? Or maybe you would just like to support Your Trust Charity? Email trustcharity@nhs.net to find out more.

Minimum fundraising target for the zip wire challenge is £250.

Trust News

Below are some recent updates from the Trust. Read our latest [news stories](#) online.

Celebrating the important role of cancer nurses

Sandwell and West Birmingham NHS Trust celebrated National Cancer Clinical Nurse Specialist (CNS) Day on 26th April by highlighting the work they do with some of our most poorly patients. Our specialist and experienced CNSs show tremendous compassion as they support patients and their families during their cancer journey. Their duties may differ slightly depending on the type of cancer they deal with, but they all have an ability to develop strong relationships and build a sense of trust, honesty and openness with their

patients so as to support them in the best possible way. [Read more](#)

Heart failure team receive donation from grateful family

Three KardiaMobile specialist devices have been donated to Sandwell and West Birmingham NHS Trust in memory of Valerie Haywood, a heart failure patient three which will speed up treatment times and avoid hospital admissions. The equipment will be used to determine the heart rhythm of patients being cared for



in their home, helping the medics to devise a treatment plan without having to send them into hospital for an ECG. They will be used by the Community Heart Failure Team thanks to the relatives of Valerie Haywood, who had been their patient since 2014 before she passed away in October 2022. [Read more](#)

Confidence and well-being workshops for cancer patients

Some the Trust's cancer patients undergoing treatment attended a beauty workshop to rebuild their confidence and meet other women facing similar battles. They were pampered during the sessions and given make-up tips and tricks, and the opportunity to sign up for free online workshops, which offer advice on self-care, including skincare, make-up and building body confidence. [Read more](#)



Schoolboy first in the Midlands to receive therapy for peanut allergy

Hugo Codona, aged 10 has become the first patient in the Midlands to receive a pioneering treatment for his peanut allergy. He was given his first dose of the ground-breaking treatment Palforzia to tolerate a small amount of peanut protein and reduces the risk of severe reactions like anaphylaxis, which is life-threatening. The drug comes in the form of capsules with a measured amount of peanut powder inside. The powder is



designed to be mixed with food such as yoghurt and aims to build up a tolerance to the food. [Read more](#)

Engagement membership

If you know someone who would like to join the Trust's Engagement Membership Scheme and help us to improve your local healthcare services, they can now complete an [online application](#).

Let's talk

For more information or to find out how you can get involved, here's how you can reach us:

Phone: 0121 507 2671

Website: www.swbh.nhs.uk/get-involved/

Email: swbh.engagement@nhs.net

 [@SWB_engagement](https://twitter.com/SWB_engagement)
