

SANDWELL AND WEST BIRMINGHAM NHS TRUST

Trust Board Story: May 10thth 2023

Patient/Service Story: Your Health Partnership

Summary of the Story: -

Diabetes and managing control can be challenging, affecting young ,old, those with learning disabilities, elderly and frail. Diabetes is a burden for many of our patients and families suffering diabetes.

The Libre sensor a-small 50p size device which can be worn on the upper arm, it is compatible to most mobile phones or a reader available free from Abbott.

This device is a total transformation for our patients, there is no need for regular finger prick testing. A quick scan from a phone or reader will give an instant blood sugar reading.

Education sessions enables patients to link up to the Libre view platform, consenting to sharing their blood sugar scanning results with both secondary and primary care.

This technology enables health care professionals to view scanning, suggest changes to support patients to manager their diabetes. This can be quite easily managed virtually, avoiding visits to hospital or GP surgery , no lost time from work college or school for our patients.

Integrated working is the way forward to improve the health and wellbeing of all our patients.

The Libre Pilot project commenced during the covid pandemic, a small number of patients, however 100% improvement to all patients entered into the Pilot. This is the story of a patient whom participated within the trial and how it has benefited her and helped make changes to her life

What are the key lessons / themes to emerge from this story?

1. At the time of the Pilot Project Libre was not available on prescription, it was only initiated in secondary care clinics .
- 2.Improved outcomes for our patients suffering diabetes.
- 3.Intergrated working with secondary and primary care
- 4.Cost effective, reduced hospital admissions, reduced risk of further complications of diabetes.
- 5.As per nice guidance all Type 1 patients in YHP who suffer diabetes have been offered the Libre which is now available on prescription .
- 6.Equal opportunity for patients in secondary and primary care diabetes clinics.
- 7.Collaborative team working

8.Ongoing training for staff