

FINCH service

(Faecal Incontinence and Constipation Healthcare)

The service is provided for people who have functional and neurogenic bowel disorders causing one or more of the following problems:

- Constipation
- Difficulty emptying the bowel
- Needing to rush to the toilet
- Losing control of the bowel
- Pain when going to the toilet
- Leakage of stool from the back passage
- Abdominal bloating
- Following a surgical bowel/rectal resection

Treatments consist of the following:

- Conservative therapies including pelvic floor exercises, dietary and lifestyle advice, correct toilet positioning
- Biofeedback - a treatment directed to strengthen and/or re-coordinate the pelvic floor muscles
- Trans anal irrigation - using a specialised device to instil water into the bowel in order to clear the bowel
- Percutaneous tibial nerve stimulation (PTNS) - which is a form of neuromodulation that stimulates the posterior tibial nerve at weekly intervals for a 12-week period. Treatment is for urge faecal incontinence.
- Sacral nerve stimulation - a form of neuromodulation which requires a temporary insertion of a wire into the sacrum under aesthetic. The lead remains in-situ for two weeks and if symptoms improve >50 per cent then a permanent wire is inserted under aesthetic and stimulator device implanted.
- Other possible surgical options are available.

What makes the service stand out?

The FINCH service see patients regardless of cause. We assess, investigate and treat as required. Seventy per cent of patients are discharged with conservative management alone, requiring minimal intervention, but obtaining maximum improvements to quality of life. The FINCH service is also a local and national award-winning service.

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The team

The FINCH service has three colorectal consultants with a specialist interest in pelvic floor providing joint specialised dedicated clinics. There are three clinical nurse specialists who provide specialised full pelvic floor assessment, investigations and treatment.

Contact details

You can refer to the FINCH service by sending a letter via the following:

Email:

swb-tr.swbh-gm-finch@nhs.net

Post:

The FINCH service
Second floor management block, Sandwell Hospital, Lyndon,
West Bromwich, B71 4HJ.

Patients can be seen at both sites:

- Sandwell Hospital, Lyndon, West Bromwich, B71 4HJ.
- City Hospital, Dudley Road, B18 7QH.

Or by Virtual (Telephone) Appointments

If you would like to suggest any amendments or improvements to this leaflet please contact SWB Library Services on ext 3587 or email swbh.library@nhs.net.



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