

Epilepsy Nursing Service

Information and advice for patients

An Epilepsy Nurse Specialist can support patients who have a diagnosis or potential diagnosis of epilepsy.

An Epilepsy Nurse Specialist can provide you and your family with information and practical advice and support about epilepsy.

- Diagnosis
- First Aid
- Medication
- Driving
- Contraception and pregnancy
- Lifestyle
- Safety and risk management

The aim is to achieve better seizure control, understanding of epilepsy and improve quality of life.

Eligibility

You are eligible for support from the Epilepsy Nurse Specialist if you are:

- Over the age of 16
- Under the care of a Consultant Neurologist within the team

Our Services

Nurse-Led Clinics

Nurse-led clinics operate in Birmingham Treatment Centre, City Health Campus and Out-patients Department, Sandwell Health Campus.

You may be seen in a Nurse-led clinic if:

- you are a patient with newly diagnosed epilepsy
 - you require on-going monitoring of your epilepsy and medication
 - you are a young person transferring from children's services
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- you have complex needs / learning disability and epilepsy
- you require pre-conceptual counselling or a female taking sodium valproate

Maternity Clinics

Epilepsy is a common medical condition complicating pregnancy which may have important implications for the developing foetus and mother.

Shared care is the most suitable option for most women with epilepsy providing support and advice throughout pregnancy and after childbirth.

An obstetric/ epilepsy clinic operates at the Maternity Unit at Midland Metropolitan University Hospital (MMUH) and is run by a Consultant Obstetrician, Consultant Neurologist and Epilepsy Nurse Specialist.

Telephone and Email Service

If you have any concerns between appointments, you can contact the service by email or telephone.

A lot of enquiries can be resolved swiftly without the need for an appointment, but we may contact you for more information or arrange an earlier appointment if required.

When leaving a message or email we need to know:

- RXK or NHS number
- Brief details about the nature of the call
- The telephone number we should call you back on.

We aim to reply to all enquiries within 5 working days.

We do not provide an emergency service so urgent calls should be avoided.

In an emergency contact your GP, NHS 111 or 999.

Contact details

Department of Neurology

Hallam Building
Sandwell General Hospital
Lyndon
West Bromwich
B71 4HJ

Epilepsy Nursing Service

Telephone number 0121 507 4223
Email swbh.epilepsyservice@nhs.net

Some other sources of information

Epilepsy Action

www.epilepsy.org.uk
Helpline - 0808 800 5050
Email: helpline@epilepsy.org.uk

Epilepsy Society

www.epilepsysociety.org.uk
Tel: 01494 601 400

SUDEP Action

www.sudep.org
Tel: 01235 772 850

NHS Website

www.nhs.uk/conditions/Epilepsy

UK Epilepsy and Pregnancy Registry

www.epilepsyandpregnancy.co.uk
Tel: 0800 389 1248

Our Care Promises

I will... make you feel welcome

I will... make time to listen to you

I will... be polite, courteous and respectful

I will... keep you informed and explain what is happening

I will... admit to mistakes and do all I can to put them right

I will... value your point of view

I will... be caring and kind

I will... keep you involved

I will... go the extra mile

Comments, Compliments, Concerns or Complaints

1. If you have feedback or a concern about our service, talk first to the staff involved.
2. You can also contact the Patient Advice and Liaison Service (PALS), who provide advice, information and support in resolving any concerns.
3. If you have a concern we have not been able to resolve, you can contact the Complaints Team to make a formal complaint.
4. Purple Points can be used by our patients or their loved ones to raise concerns or compliment staff whilst they are still in hospital.

PALS email: swb-tr.pals@nhs.net

Tel: 0121 507 5836

Monday - Friday 10 am - 4pm

If you would like to suggest any amendments or improvements to this leaflet please contact SWB Library Services on ext 3587 or email swbh.library@nhs.net.



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