

Advice following a gastroscopy with sedation

Information and advice for patients

Endoscopy

You have had a gastroscopy with sedation. This means you may feel drowsy for up to 24 hours. **You will need someone to take you home and stay with you for the next 12 hours.**

Pain

You may experience a sore throat and some tummy pain for the next 12 - 24 hours. Taking simple painkillers such as paracetamol will help.

Normal activities

For the next 24 hours it is important that you do not:

- operate machinery
- drive - it is illegal to drive under the influence of midazolam (a medication used for procedural sedation)
- drink alcohol
- sign any legal documents

Results

We will send a copy of your gastroscopy report to the doctor or nurse who referred you for the procedure.

We will also send a copy of this to your GP.

If your GP referred you for the procedure please make an appointment to see them.

Follow-up

You were referred for this appointment by: _____

A follow up appointment has been arranged for _____

Symptoms to report

Please contact us if you experience any of the following symptoms after this procedure:

- Breathing problems
- Severe pain in your neck, chest or tummy
- Vomiting blood
- Appearing pale
- Clammy skin (cold, moist)
- A temperature of 38°C or more

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Contact details

Please contact us on one of the following numbers if you have any questions or concerns:

Daytime

Sandwell Hospital Endoscopy Unit

0121 507 2488

8am - 6.30pm, Monday - Friday

City Hospital Endoscopy Unit

0121 507 5318

8am - 6.30pm Monday - Friday

Evening and weekends

Sandwell Hospital, Priory 5 Gastroenterology Ward 0121 507 3493

6.30pm - 8am, Monday - Friday and weekends

You can also contact NHS 111 for advice.

They are available 24 hours a day, 7 days a week.

Further information

Guts UK

For patients: Conditions

<https://gutscharity.org.uk/advice-and-information/conditions/>

(Websites accessed 01 July 2021)

For more information about our hospitals and services please see our website

www.swbh.nhs.uk, follow us on Twitter @SWBHnhs and like us on Facebook

www.facebook.com/SWBHnhs.

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Sources used for the information in this leaflet

ASGE Standards of Practice Committee. (2018). Guidelines for sedation and anesthesia in GI endoscopy. *Gastrointestinal endoscopy*, 87(2), 327-337.

If you would like to suggest any amendments or improvements to this leaflet please contact SWB Library Services on ext 3587 or email swbh.library@nhs.net.



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