

# Colorectal Specialist Nursing Service

Information and advice for patients

## Colorectal Department

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### What is the service?

Colorectal Nursing Service

### What does the service offer?

### How can I access the service?

Our service is for patients with a bowel condition, requiring stoma formation, bowel resection and management of enterocutaneous fistulae (abnormal connections between the bowel and surface of the skin). We also offer a support service for anybody with a diagnosis, or with a suspected cancer of the bowel, who have been referred to us by another health professional or by self referral for advice and support.

We are able to offer information, clinical and psychological support for both you and your family as we know this could be a difficult and upsetting time. We work within the multidisciplinary teams, together with the consultants, doctors and other nurses involved with your care, and we liaise with your GP.

We Provide information and support:

- When a diagnosis is given to the patient and family
- On any investigations
- About forth coming surgery and other treatments available
- Refer to another team member or outside agencies
- On local support groups, relevant websites and charities
- About practical help when going home
- Stoma care

### Who is it run by? – Meet the team

**Sara Connor** - Lead Colorectal Clinical Nurse Specialist

**Danielle Graham** - Colorectal Clinical Nurse Specialist

**Joelle La'Caille** - Colorectal Clinical Nurse Specialist

**Janine Irving** - Colorectal Clinical Nurse Specialist

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**Monique Dunbar** - Colorectal Clinical Nurse Specialist

**Natalie Hickman** - Stoma Care Assistant

**Janet Blastock** - Stoma Care Assistant

**Jayne Lockley** - Colorectal Nursing Service Secretary

**Kerry O'Brien** - Cancer Care Navigator

## **Specialist Nurse/Keyworker Contact Details**

Your Colorectal Specialist Nurse is sometimes referred to as a Key Worker.

We all appreciate that this is a very worrying time for you and your family and you may experience a wide range of emotions. Often you will come away from a clinical appointment and not remember everything that you were told. Your specialist nurse is available to help support you and your family by giving you written information and the opportunity to discuss the treatment plan either by telephone or in person.

The Colorectal Nurses work Monday-Friday 8:00 am - 4:00 pm and can be contacted on 0121 507 3376, please leave a message on our answerphone if we are not available and we will endeavour to return your call within 24 hours.

**Your Specialist Nurse/Key worker is:**

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Your specialist nurse/key worker will be responsible for co-ordinating your care. However any of the colorectal specialist nurses will be happy to help you at any time.

## **The Multi Disciplinary Team (MDT) for Colorectal Cancer**

Diagnosing and treating colorectal conditions and cancer requires a team of experts. This team is called a Multi-Disciplinary Team (MDT). The team is made up of people who are cancer experts - colorectal consultant surgeons, radiologists, pathologists, consultant clinical oncologists, and clinical nurse specialists (CNS).

Once all your investigations have been carried out, the team discuss the results in the MDT meeting which is held once a week on a Thursday morning (you and your family do not need to attend this).

A treatment plan is discussed and this will be explained at your next outpatient appointment. You may have already been seen in clinic and been given your results, in which case one of the Clinical Nurse Specialists will update you after the meeting and arrange further appointments that may be required.

## **Further Contact Details**

**Our Secretary - Jayne Lockley**

0121 507 2652

## **Colorectal Surgeons**

### **Mr R Peravali Secretary**

Wendy Brayne 0121 507 4903

### **Mr S Rout Secretary**

Ofsana Parveen 0121 507 3399

### **Mr C Thompson Secretary**

Kirsten Cooper 0121 507 4906

### **Mr A George Secretary**

Leslie Jordan 0121 507 3226

### **Miss T Sillo Secretary**

Lisa Carter 0121 507 3149

### **Miss H Sekhar Secretary**

Kirsten Cooper 0121 507 4906

### **Mr V Thumbé Secretary**

0121 507 3459

## **Further information**

### **Cancer Research**

[www.cancerresearchuk.org](http://www.cancerresearchuk.org)

### **Macmillian**

[www.macmillian.org.uk](http://www.macmillian.org.uk)

### **Bowel Cancer UK**

[www.bowelcanceruk.org.uk](http://www.bowelcanceruk.org.uk)

(Websites accessed 10 August 2022).

For more information about our hospitals and services please see our website

[www.swbh.nhs.uk](http://www.swbh.nhs.uk), follow us on X @SWBHnhs and like us on Facebook

[www.facebook.com/SWBHnhs](https://www.facebook.com/SWBHnhs).

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