

Advice following assessment at the breast unit

Information and advice for patients

City, Sandwell & Walsall Breast Screening Service

The results of your assessment at the breast unit have shown that there is nothing to be concerned about. If you are still worried you can speak to one of our breast care nurses.

What happens next?

You will be discharged from the breast unit so you don't need to come back. We will send the results of your assessment to your GP.

We will invite you for your next routine breast screening appointment in 3 years time.

Is there anything I need to do?

You should still be aware of any changes in your breasts, as these can develop in the 3 years between your screening appointments.

Be breast aware:

Know what is normal for you and your breasts.

Look and feel for any changes in your breasts such as:

- a lump or swelling in the breast, upper chest or armpit – you might feel the lump but not see it
- a change to the skin, such as puckering or dimpling
- a change in the colour of the breast – the breast may look red or inflamed a change to the nipple, for example it has become pulled in (inverted)
- rash or crusting around the nipple
- any unusual liquid (discharge) from either nipple
- changes in the size or shape of the breast

If you notice any changes in your breasts see your GP as soon as you can.

Continue to go for breast screening every 3 years.

How long will I continue to be invited for breast screening?

You will be invited for breast screening every 3 years up to the age of 71. After you are 71 years old you will not be routinely called for screening, but can still come for screening; you just need to contact the breast screening office one month before your next appointment is due to arrange your next screening.

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Contact details

If you are over 71 and need to arrange your next breast screening appointment please call:

City, Sandwell and Walsall

Breast Screening Service

0121 507 4967 - Option 1

Monday to Friday, 9am - 4pm

Email: swb-tr.cswbreastscreening@nhs.net

If you are worried and would like to speak to one of the breast care nurses please call:

Breast Care Nurses

Birmingham and Sandwell

0121 507 4976

Monday – Friday, 9am – 4pm

Walsall

01922 721 172 ext 6404

(Breast Unit Department)

Monday – Friday, 9am – 4pm

For any other queries please call:

Breast Screening Office

0121 507 4967 - Option 2

City, Sandwell & Walsall

Breast Screening Service

Breast Unit

Birmingham Treatment Centre

City Hospital

Dudley Road

Birmingham

B18 7QH

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Further information

GOV.UK

NHS breast screening (BSP) programme: detailed information.

<https://www.gov.uk/topic/population-screening-programmes/breast>

National Health Service

Breast cancer screening

<https://www.nhs.uk/conditions/breast-cancer-screening/>

Breast Cancer Now

Breast cancer symptoms and signs

<https://breastcancer.org/information-support/have-i-got-breast-cancer/signs-symptoms-breast-cancer>

(Websites checked 22 April 2021)

For more information about our breast screening service please see our website

www.bscreen.org.uk/city, follow us on Twitter @CSWBSS and like us on Facebook

www.facebook.com/CSWBSS

If you would like to suggest any amendments or improvements to this leaflet please contact SWB Library Services on ext 3587 or email swbh.library@nhs.net.



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