

Sandwell School Nursing

Information and advice for patients

Sandwell School Health Nursing Vision Statement

Sandwell School Health Nurses will deliver services that are visible, accessible and confidential regardless of educational provision.

Delivering universal public health and ensuring early help and extra support is available to children and young people at the times when they need it.

Who we are

The school health nursing service is part of Sandwell Hospitals NHS Trust where we work in partnership with wider services to support the health and well-being of the school aged population.

The service is made up of specialist community public health nurses, staff nurses, support workers and admin staff.

We work with your child's school and other health professionals to, support your child's health and wellbeing needs ensuring that they are given every opportunity to reach their full potential. We can assess your child and refer them for support from other agencies if necessary.

In reception the audiometry service will

check your child's hearing and their sight will be assessed by the orthoptist service.

Sandwell school health nurses aim to:

- meet public health local and national targets
- deliver a child and young person centred service
- promote and protect health and wellbeing by preventing illness through early intervention.

What we do

While your child is at school - the school health nurses are on hand to offer confidential advice and support to children young people and families on health related issues. This could be around the physical, emotional, mental or social needs in some cases this may include safeguarding children's welfare.

Health promotion

The school health nursing service offers health promotion sessions in schools around the following topics:

Primary schools

- Hand Washing and tooth brushing
- Healthy lifestyles
- PANTS (NSPCC program)
- Puberty
- Emotional health

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Secondary schools

- Puberty
- Sexual health and consent
- Risk taking

Confidential advice and support for children and parents

We hold weekly Here4U sessions at senior schools where pupils can discuss confidentially any issues that may be worrying them such as bullying, smoking, drugs and sexual health.

The service runs a CHAT Health text messaging service for young people aged 11-19 giving an opportunity to text a school nurse directly for support and advice.

CHAT Health – 07480 635 486

Parent sessions are offered to primary schools on a termly basis providing an opportunity to have a 1 to 1 discussion or explore wider public health topics.

National Child Measurement Program

The school nursing service will carry out the height and weight measurements of children in reception and year 6 as part of the National Child Measurement Program (NCMP). Your child will bring information home from school to let you know when the measurements are taking place as well as information about healthy lifestyles.

Helpful websites:

Sandwell School Health service

School Nursing | Sandwell and West Birmingham NHS Trust (swbh.nhs.uk)

Health for Kids

<https://www.healthforkids.co.uk/>

Health for Teens

<https://www.healthforteens.co.uk/>

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Important points

1. All children and young people should be registered with a G.P.
2. All children and young people should have regular dental and eye checks and these are free whilst your child is at school.
3. All children and young people should be given the opportunity to have childhood immunisation as per the national childhood immunisation schedule
4. Please make sure that if your child requires an inhaler or auto injector that they have them in school at all times.

Contact details

If you would like to speak to a school nurse please call **0121 612 2974**.

We also have access to an interpreting service if required.

Compliment and Complaints

If you would like to feedback about the School Health Nursing service please contact the team on **0121 612 2974**.

If you would like to suggest any amendments or improvements to this leaflet please contact SWB Library Services on ext 3587 or email swbh.library@nhs.net.



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