

# Welcome to Sandwell Gynaecology Suite (Gynaecology 6A)

Information and advice for patients

## Gynaecology

You have an appointment to attend the Sandwell Gynaecology Suite (SGS) in Gynaecology 6A, 1st floor outpatients, Sandwell Hospital.

Please make your way to the unit in good time as, unfortunately, ladies who are late for their appointment time slot often have to be rescheduled.

You are attending SGS to have a procedure performed that you originally discussed at your general gynaecology outpatient's appointment. You will be awake whilst we perform this small procedure, but we may use a local anaesthetic or "gas and air" if we need to. These are standard methods to help to carry out simple procedures without the need to attend theatre, this type of hospital service is often referred to as "office Gynaecology procedures".

If you have signed a consent form prior to today's clinic visit please bring your copy with you if you still have it. If you have not attended the gynaecology clinic prior to this appointment, your consent will be obtained on the day. If you have any queries, please call us on 0121 507 3763.

Please eat and drink as normal prior to your clinic visit, you do not need to be starved to attend for your appointment.

If you take regular prescribed medication from your GP please bring them with you or a copy of your prescription, this will help us to plan your care safely.

If you take any type of anticoagulation (blood thinners) could you please give us a ring 1 week prior to your clinic visit on 0121 507 3763 so we can plan your clinic visit.

You are advised to take a pain killer prior to your clinic visit. This could be Ibuprofen or paracetamol or both, as long as you do not have an allergy to these types of medication. Please check with your GP if you are not sure what medication to take. The same pain killer may also be used after the procedure. We can discuss this with you on the day.

If you are premenopausal and sexually active, it is advised that barrier contraception is used for 2 weeks prior to your appointment, even if you have a coil as your chosen method of contraception. Unfortunately, if you do not use contraception prior to your clinic visit this could result in your appointment having to be rescheduled – please contact us if you are unsure of what to do in this situation.

If you require an interpreter for your procedure appointment please contact us on 0121 507 3763 to ensure one has been booked. Unfortunately, we cannot use a family member to act as an interpreter, SWBH trust policy insists that a trust interpreter is present during this type of clinic visit. In normal circumstances, you are welcome to have a family member accompany you

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to your appointment but we must still use a trust interpreter throughout the consultation and procedure. Covid-19 restrictions may be in place regarding the attendance of family members, please be mindful of this and check ahead of your appointment.

When you arrive in the department please ensure you book in using the self-check in kiosk, as you walk into the unit it is directly in front of you, as with all hospital appointments there may be a small delay from when you arrive in the unit to actually meeting your clinician, please bear with us and rest assured we have not forgotten you.

Routine procedures performed within SGS include:

- Hysteroscopy
- Myosure - to remove polyps or small fibroids in the womb
- Novasure – to control heavy periods
- Endometrial biopsy – a sample from the lining of the womb
- Cervical polyps
- Coil insertion or removal
- Simple vulval excisions or biopsy's and treatment for Vulval abscess
- Cauterisation treatment to the cervix

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Should you require any further information please do not hesitate to contact us on 0121 507 3763.

### SGS clinicians

Mr A Ewies

Miss A Sinha

Miss S Bakour

### Clinical Nurse Specialist

Miss S Greenaway

### Secretary

Claire Francis

0121 553 3763

[Claire.francis@nhs.net](mailto:Claire.francis@nhs.net)

Monday - Tuesday 9.15am - 2.25pm

Wednesday - Thursday 9.15am - 3.00pm

### Gynaecology 6A

Tel: 0121 507 3249

If you would like to suggest any amendments or improvements to this leaflet please contact SWB Library Services on ext 3587 or email [swbh.library@nhs.net](mailto:swbh.library@nhs.net).



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