



Volunteer Placement Tasks

Therapeutic Activity Volunteer Buddy

1.0 Role summary

To support the dementia patient with therapeutic activities and to encourage interaction and orientation.

A volunteer buddy is someone who provides a supportive relationship to a new volunteer, who may be starting in a similar role as to what they are actively volunteering in and off which they have an in depth understanding of what is required. They may support an existing volunteer either returning to volunteering after a break or one who requires additional support.

NB All duties will be carried out under the supervision / guidance of the nursing staff but will never include tasks of a clinical nature.

2.0 Key Tasks

“**Therapeutic Support Volunteer**” – To support the patient with activities and encourage interaction to enhance their day.

- Completion of the ‘All about me’ questionnaire.
- Listening and talking to patients, making them feel at ease.
- Assisting the activity co-ordinator in the provision of activities for inpatients such as reading, music, jigsaws, playing cards, and reminiscence work.
- Promoting use of the ‘Daily Sparkle’ newspaper on the ward.
- Helping patients in using the bedside equipment and WiFi
- Prompting and support for confused patients to eat their meals.
- Support activity co-ordinator in group therapy activities.
- Assist patients to maintain their mobility whilst they are in hospital
- Gather new patient referrals from ward staff.





3.0 Confidentiality

The volunteer must maintain confidentiality of information relating to patients, staff and other Health Service business.

4.0 Health & Safety

Volunteers must be aware of the responsibilities placed on them under the Health & Safety at Work Act (1974) and the Manual Handling Operations Regulations (1992). This ensures that the agreed safety procedures are carried out to maintain a safe environment for employees, patients and visitors to the Trust.

5.0 Equal Opportunities

The Trust has a clear commitment to its equal opportunities policy and it is the duty of every volunteer and employee to comply with the detail and spirit of the policy.

6.0 Smoking

This Trust acknowledges its responsibility to provide a safe, smoke free environment, for its volunteers, employees, service users and visitors. Smoking is therefore not permitted in accordance with the guidelines set down within the Trust Smoking Policy.

