



**Sandwell and
West Birmingham**

NHS Trust

Volunteer Placement Tasks

Breastfeeding Support

1.0 Role summary

To support new parent's to develop loving relationships with their baby and promote positive feeding experiences.

NB All duties will be carried out under the supervision / guidance of the maternity staff but will never include tasks of a clinical nature.

2.0 Key Tasks

Breastfeeding Support – To befriend mothers. Listen and talk to them.

- To offer new mothers and expectant mothers the information to support her choice of how to feed her baby in the first year of their life.
- To establish and maintain a good relationship with ward staff, infant feeding team and other breastfeeding peer supporters.
- Actively listen and talk to new mothers and make them feel at ease.
- To discuss the importance of correct positioning and attachment. Dolls, knitted breasts and leaflets are available to demonstrate to mothers correct positioning and attachment for breastfeeding.
- To support moms to make informed choices in having skin to skin contact.
- To discuss the benefits and demonstrate to new moms hand expression using appropriate material and props within the maternity area.
- To discuss signs of affective feeding with new moms.
- To provide information leaflets to new parents and local breastfeeding support groups and contact details.
- Helping to encourage new parents and visitors to contribute to experience surveys.
- Showing new parents where to obtain drinks, meals and making menu choices.
- Encouraging visitors to wash hands and comply with infection control requirements
- To refer mothers to their midwife, health visitor or GP, if they have any medical or clinical queries.





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3.0 Confidentiality

The volunteer must maintain confidentiality of information relating to patients, staff and other Health Service business.

4.0 Health & Safety

Volunteers must be aware of the responsibilities placed on them under the Health & Safety at Work Act (1974) and the Manual Handling Operations Regulations (1992). This ensures that the agreed safety procedures are carried out to maintain a safe environment for employees, patients and visitors to the Trust.

5.0 Equal Opportunities

The Trust has a clear commitment to its equal opportunities policy and it is the duty of every volunteer and employee to comply with the detail and spirit of the policy.

6.0 Smoking

This Trust acknowledges its responsibility to provide a safe, smoke free environment, for its volunteers, employees, service users and visitors. Smoking is therefore not permitted in accordance with the guidelines set down within the Trust Smoking Policy.

