Information and advice for patients

The Sickle Cell and Thalassaemia (SCaT) Centre at City Hospital provides services for those living with sickle cell disease and thalassaemia. The service aims to support you, your family and carers by offering you access to treatment, education about your condition and advice from specialist doctors and nurses. The centre is open at the following times:

- Monday, Wednesday & Thursday: 9am 5pm
- Tuesday: 9am 6pm
- Friday: 9am 4pm

We also offer inpatient beds in the main City Hospital building, and a community service based at Soho Health Centre, Soho Road, Handsworth, Birmingham, B21 9RY.

## Where is the Sickle Cell and Thalassaemia Centre?

The centre is located on the first floor of the main hospital building, opposite ward D15.

### The Sickle Cell and Thalassaemia Centre team

The SCaT centre team consists of the following people:

- Dr Wright, Consultant Haematologist
- Dr Pancham, Consultant Haematologist
- Eve Daly, Haemoglobinopathy Nurse Specialist
- Kulwant Khehra, Haemoglobinopathy Staff Nurse
- Lisa Smith, Haemoglobinopathy Staff Nurse
- Dionne Walters, Haemoglobinopathy Staff Nurse
- Val Douglas, Receptionist

Our community team, based at Soho Health Centre, is made up of:

- Laurratine Miller, Service Manager
- Susan Crawford, Children's Sickle Cell and Thalassaemia Nurse Specialist
- Paulette Gaskin, Adult and Adolescent Sickle Cell Nurse Specialist

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# Services we offer

The SCaT Centre provides the following services:

# **Outpatient clinics**

Outpatient clinics are held at the SCaT centre on Tuesdays, 2pm – 4pm and Thursdays 9am – 11.50am. We also offer specialist clinics for those with endocrine disorders (such as diabetes), and those with leg ulcers. The endocrine clinic is held every 2 months on a Friday, 10am – 12pm.

If you need to change or cancel your appointment please contact the centre on 0121 507 6040. Please give us enough notice so that the appointment can be offered to another patient who needs it.

## A walk-in appointment service

You can pop into the centre during opening hours for an appointment without booking in advance.

#### **Blood transfusions**

Blood transfusions are done Monday – Friday. If you are having a blood transfusion you will need to come 1 - 2 days before the transfusion to have your blood cross-matched. If you come for a cross-match the day before a transfusion you will need to come between 9am and 12pm (midday). If you come for a cross-match 2 days before a transfusion you can come for a cross-match any time between 9am and 4.30pm.

If you would like your blood transfusion on a Monday please contact the SCaT centre on the Friday before 12pm so that we can arrange for you to have your cross-match taken on a ward over the weekend.

#### Pain management

We give advice about managing pain and offer a day case pain management service at the SCaT centre. You will also have access to support from the pain management team.

### Hospital inpatient ward

The hospital inpatient ward for patients with sickle cell and thalassaemia at City Hospital is D41 which is also on the first floor of the main hospital building. Visiting times for the ward are 2.30pm – 4pm and 6pm – 8pm every day.

#### Telephone advice

If you have any questions or concerns about your condition you can contact us for advice on 0121 507 6040 during opening hours.

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# **Education and support**

We offer education to patients and their carers about sickle cell disease and thalassaemia and living with the conditions. We are also able to offer advice on social support and provide a psychology service to help you cope with your condition.

# **Comments and complaints about our services**

If you have any comments or suggestions about our services or how we can improve them, please speak to your SCaT nurse.

If you have any concerns about the care you have received please speak to your nurse or the SCaT Centre manager. Alternatively you can contact our Patient Advice and Liaison Service (PALS) on 0121 507 5836 or *swb-tr.pals@nhs.net*.

### **Contact details**

You can contact the SCaT Centre on 0121 507 6040.

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# **Further support**

The following organisations also offer support for people with sickle cell and thalassaemia:

# Organisation for Sickle Cell Anaemia Research and Thalassaemia Support (OSCAR)

### **OSCAR Birmingham**

Website: www.oscarbirmingham.org.uk Email: admin@oscarbirmingham.org.uk

Tel: 0121 212 9209

Address: 22 Regent Place, Jewellery Quarter, Birmingham, B1 3NJ

### **OSCAR Sandwell**

Website: www.oscarsandwell.org.uk Email: oscar-sandwell@hotmail.co.uk

Tel: 0121 525 0556

Address: 120 Lodge Road, West Bromwich, West Midlands, B70 8PL

### **British Red Cross Lincoln Project**

Email: supportingpeople@redcross.org.uk

Tel: 0121 772 7340

Address: Bradbury House, Lowe Street, Camp Hill, Birmingham, B12 0ER

### Sandwell and West Birmingham Hospitals NHS Trust

For more information about our hospitals and services please see our websites www.swbh.nhs.uk and www.swbhengage.com, follow us on Twitter @SWBHnhs and like us on Facebook www.facebook.com/SWBHnhs.

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5420 or email: swb-tr.swbh-gm-patient-information@nhs.net



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