

# Welcome to D47 Rehabilitation Unit

Information and advice for patients

D47 is a 20 bedded unit, which provides short term rehabilitation to enable patients to be discharged home safely by improving their patient's independence with activities of daily living such as walking, washing, dressing and cooking basic meals.

On admission to D47 with the support from the team, we aim to plan your rehabilitation goals with you, your family and carers in order for them to be realistic and achievable. You will be encouraged to take part in daily activities to aid your rehabilitation.

## D47 Team consists of:

- GPs
- Nurses
- Healthcare Assistants
- Ward Clerk
- Physiotherapists
- Occupational Therapist
- Pharmacists
- Dieticians
- Speech and Language Therapists
- Volunteers
- Chaplain

## Bathroom facilities/day room facilities/other

D47 has three large wet rooms and toilets located within each bayed area, side rooms have a single use toilet. Relatives are encouraged to use the toilets on the landing. We have a large dining area with TV where we encourage our patients to sit out at during the day for meals and activities.

## Property

We ask for patients not to bring in large amounts of money or valuables. If you do we would encourage for this to be transferred over to the finance department for safe keeping. Your medications will be placed in a lockable storage unit and a nurse will dispense them to you daily once prescribed by our GP. As it is a Rehabilitation Unit we do ask that patients bring in their own toiletries and both daytime and night-time clothes, so you can be dressed during the day.

We recommend patients to bring your own footwear or socks, continence aids and walking aids.

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## Meals

Breakfast is usually served between 8am-9am, lunch 12.30-13-30, dinner 17.00-18.00 hours. Staff on duty will go through the menus each day and patients are able to select their preference. Hot and cold drinks are available on request.

## Therapy

Our therapy team provides therapy sessions from Monday to Friday. You will be provided with an exercise programme that you should complete twice a week. We ask visitors to join in with the exercise programmes and encourage their loved ones. On days where a therapist does not see you, we ask that you continue your rehabilitation plan with the nurses and carers including completing your exercise programme and practice mobilising when possible.

Sessions are now on Monday to Friday and the exercise program is twice a week.

## Visiting

We have an open visiting policy, but we ask that you do not come during meal times as this is protected for our patients.

## What to do if you have any concerns

Please contact the ward Manager or Matron when you have any concerns or issues.

## Contact details

If you would like to call the ward, please ring 0121 507 4165 or 0121 507 4163.

For more information about our hospitals and services please see our websites [www.swbh.nhs.uk](http://www.swbh.nhs.uk), follow us on Twitter @SWBHnhs and like us on Facebook [www.facebook.com/SWBHnhs](http://www.facebook.com/SWBHnhs).

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5303 or email: [swb-tr.swbh-gm-patient-information@nhs.net](mailto:swb-tr.swbh-gm-patient-information@nhs.net)



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