

Welcome to ward D43

Information and advice for patients

Introduction to the ward

Ward D43 is one of our 'medically fit for discharge' wards. You have been moved here because your doctors feel that you are now well enough to be discharged but you are still looking for a residential/nursing home, or your home support is being arranged.

Whilst on this ward, you will be fully involved in your discharge plans. Please feel free to ask questions if there is anything you are unsure of.

We will encourage you to get dressed, be active and take advantage of our communal dining and lounge facilities,

Staff

This is a Nurse and Therapy led unit which means a team of skilled and experienced nurses and other experienced staff will take charge of your care. All of the staff will help you plan a safe discharge whilst meeting any care needs you may have.

A doctor will visit the ward three times a week and the staff can ask the doctor to see you if you or they have any concerns, the staff can also contact a doctor at any time should this be necessary. In certain circumstances, if you become very unwell, you may be transferred over to a ward in the main part of the hospital for further treatment.

A team of Nurses, Occupational Therapists, Social Workers, Specialist Discharge Nurses and Doctors will help you and your relatives plan your discharge and we also have close links with many community based support such as Care Homes, District Nurses and many other services.

Ward facilities

We have a communal lounge and dining area so you can have your meals at a table instead of in bed.

There is a TV and DVD player in the communal dining room along with some armchairs and a sofa for you and your relatives.

Property

You should bring the following items with you:

- Dressing gown, night wear and slippers
- Day clothes
- Toiletries and a towel

We encourage you to wear your own clothes during your time on the ward, when possible.

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Please note that any personal items you bring with you will be at your own risk. You should not bring:

- Large amounts of money or valuables
- Jewellery (except a wedding ring)
- Electrical items such as laptops, or TV's

You can bring a mobile phone but we do ask that the volume is kept low and that it is switched off overnight if possible to avoid disturbing others.

Meals

Meal times on the ward are as follows:

Breakfast: 8am – 9am

Lunch: 12:30pm - 1:30pm

Supper: 5pm – 6pm

Please let us know if you have any special dietary requirements.

No food should be brought in from outside unless in a sealed wrapper. This also applies to visitors.

Visiting

There is no restriction on visiting times but we do ask that you do not come at meal times so that other patients are not disturbed when eating. One visitor is allowed at meal times, only if they are helping to feed a patient.

There is no strict number of visitors although we suggest not more than 1-3 visitors at a time as it can be very tiring for the patient having lots of visitors.

Visitors should make sure they wash their hands or use the hand gel provided when entering and leaving the ward and should not sit on the patient's bed.

Fresh flowers should not be brought to the ward for infection control reasons and also due to electrical equipment around patient's beds.

What to do if you have any concerns

Please speak to a member of staff if you have any concerns. You can talk to a Staff Nurse, Ward Sister or Charge Nurse who wear royal blue or dark blue tunics. They will try and resolve your concern with you straight away if they are able, or they may need to pass it onto the Senior Charge Nurse or Matron.

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Contact details

We are happy to keep your friends and family informed about how you are, with your permission. It helps if one person rings and passes the information on to other relatives.

Your friends and family can contact the ward on the 2 phone numbers below.

Tel: 0121 507 5805

Tel: 0121 507 5530

Address:

Ward D43
Sheldon Block
City Hospital
Dudley Road (Western Road Entrance)
Birmingham
B18 7QH

Further Information

For more information about our hospitals and services please see our websites www.swbh.nhs.uk, follow us on Twitter @SWBHnhs and like us on Facebook www.facebook.com/SWBHnhs.

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5303 or email: swb-tr.swbh-gm-patient-information@nhs.net



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