Who we are
The health visiting teams are made up of:
• Health visitors who are registered nurses and/or midwives with a qualification in health visiting
• Community nursery nurses and health care assistants who support the work of the health visiting team
• Health visiting team leaders, practice teachers and specialist health visitors
• Administrative support staff
The health visiting teams work as part of the primary healthcare team with other professionals such as GPs, Midwives, Early Years Workers and Children’s Centres.

Services we offer
The health visiting teams provide help and support for pre-school children and their families who live in Sandwell or are registered with a Sandwell GP. Every GP practice in Sandwell has a named link health visitor.

We offer advice and information on a wide variety of health issues in order to promote and encourage healthy lifestyles for you and your family.

We offer regular developmental reviews of your child for early detection of any problems, to address any concerns you may have and provide the appropriate advice and support.

What we can help you with:
• The health and wellbeing of your baby or young child
• The impact of a new baby in your family
• Breastfeeding, infant feeding and dietary advice for your family
• The growth and development of your child
• Accident prevention
• Antenatal advice and support
• Contraception and sexual health
• Parenting skills and managing children’s behaviour
• Your physical and emotional well-being
• Post-natal depression support
• Domestic abuse support and advice
• Stopping smoking
• Preparing your child for school
• Immunisation advice
• Safeguarding advice and support
Health visiting

- Accessing your local children’s centre and other community services/resources
- Car seat safety
- Sleep safety and sleep problems
- Any concerns you have

We also offer specialist support for families living in hostels and women’s refuge, and for those who have had a sudden unexpected death of a young child.

We are able to arrange for an interpreter for your appointment either face to face or via the telephone. If you would like to have an interpreter, please let us know before your appointment.

Appointments with the health visiting team
You will see a member of the health visiting team at the following times:
- Newborn
- 6-8 weeks maternal mental health screening
- 3-4 month weaning contact
- 9-12 month development review
- 2-2.5 year developmental review
- School readiness review

If you need any further appointments with your health visitor or have any concerns about your child’s health, then please contact them at the clinic where they are based. You can find the clinic contact details in your child’s red book.

Please bring your child’s red book to every appointment with the health visitor.

Where we will see you
The health visiting team can see you in your home, GP practice or in a clinic. We can see you on a one-to-one basis or in a group setting.
Sandwell Health Visiting Service
Information and advice for families

Health visiting

Contact details
You can contact your health visitor at one of the following team bases:

Friar Park Children’s Centre
0121 505 4401

Glebefields Health Centre
0121 530 8019

Hateley Heath Children’s Centre
0121 612 3373

Holly Lane Clinic
0121 612 5021

Mace Street Clinic
01384 361004

Neptune Health Centre
0121 612 1881

Oldbury Health Centre
0121 612 2667

Victoria Health Centre
0121 612 3056

Warley Medical Centre
0121 506 6881

Whiteheath Health Centre
0121 612 2723

Yew Tree Healthy Living Centre
01922 423 008

GP registration
All children and young people should be registered with a GP. Please speak to your health visitor if your child is not registered.

Further information
For more information about our hospitals and services please see our websites www.swbh.nhs.uk and www.swbhengage.com, follow us on Twitter @SWBHnhs and like us on Facebook www.facebook.com/SWBHnhs.
Feedback
If you have any complaints or compliments about our service please contact the Patient Advice and Liaison Service (PALS) on:
Tel: 0121 507 5836
Email: swb-tr.pals@nhs.net