

Oldbury and Smethwick Elderly Care Co-ordinator Service

Information and advice for people over 60, their relatives and GPs

What is the Oldbury and Smethwick Elderly Care Co-ordinator Service?

The Elderly Care Co-ordinator Service is a team of experienced nurses who work with older people in Oldbury and Smethwick to help them maintain their independence.

The service is part of the Sandwell Integrated Care Service.

What does the Elderly Care Co-ordinator Service provide?

When people are first referred to our service we will carry out a thorough assessment of their health and needs. Based on this, we will then work with the person to promote their health, reduce their risk of needing to go into hospital, and ensure they have a good quality of life.

We do this by:

- Teaching people about healthy living. We do this on a one-to-one basis at home or in clinic, and through health promotion sessions which we hold in day centres, GP surgeries and sheltered accommodation. We can also offer people information leaflets on a range of health topics.
- Identifying what support people may need and referring them to services that can help.
- Running focus groups to help us identify what people need from us.
- Monitoring health by offering ear examinations, urine tests and checking:
 - Blood pressure
 - Oxygen saturation levels
 - Blood glucose (sugar) levels
 - Weight
 - Peak flow measurements

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Who can be referred to the service?

Anyone over the age of 60 can be referred to the service if they are registered with a GP practice in Oldbury or Smethwick and either:

- have not been to their GP surgery for 12 months or more,
- have attended A&E or been admitted to hospital several times,
- are experiencing problems with taking their medication at the right times, or
- have had several falls.

Who can refer a person to the service?

A person can refer themselves to the service, or be referred by a relative, friend, warden or any health or social care worker. To do this they need to do one of the following:

1. Call the Integrated Care Service (ICARES) on 0121 507 2664 (select option 5) and ask to speak to the elderly care co-ordinator.
2. Health or social care referrals only - Complete a SAP1 form, mark it for the attention of the elderly care co-ordinator and fax this to ICARES on 0121 507 2668.

Contact details

To contact the Elderly Care
Co-ordinator Service call:

Integrated Care Service (ICARES)

0121 507 2664 (option 5)

Monday – Friday, 8.30am – 4.30pm

Fax: 0121 507 2668

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Further information

For more information about our hospitals and services please see our websites www.swbh.nhs.uk and www.swbhengage.com, follow us on Twitter @SWBHNhs and like us on Facebook www.facebook.com/SWBHNhs.

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5420 or email: swb-tr.swbh-gm-patient-information@nhs.net



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