

Emily's having an EEG

A story for children

Neurophysiology

Emily has been to the doctor and he said she needed to have an EEG test just like you do. This is what happened when Emily had her EEG test.

Emily's mummy and daddy had a letter from the hospital. The letter said that Emily needed to go the hospital to have a test called an EEG. The letter also said that Emily needed to have her hair washed and have a meal before going to the hospital so she wouldn't feel hungry.



It also said that Emily could bring any special toys to the hospital too. Emily decided to take her favourite teddy with her.

Emily's having an EEG

A story for children

Neurophysiology

On the day of the test Emily went to the hospital with her mummy.

When they arrived they gave the letter to the lady at the desk and waited in a special room for children. It had lots of toys which Emily played with and her mum sat in the room with her.



Someone called Emily's name and they went into the room where she was having the EEG. The room had chairs, a bed and a computer.

Emily's having an EEG

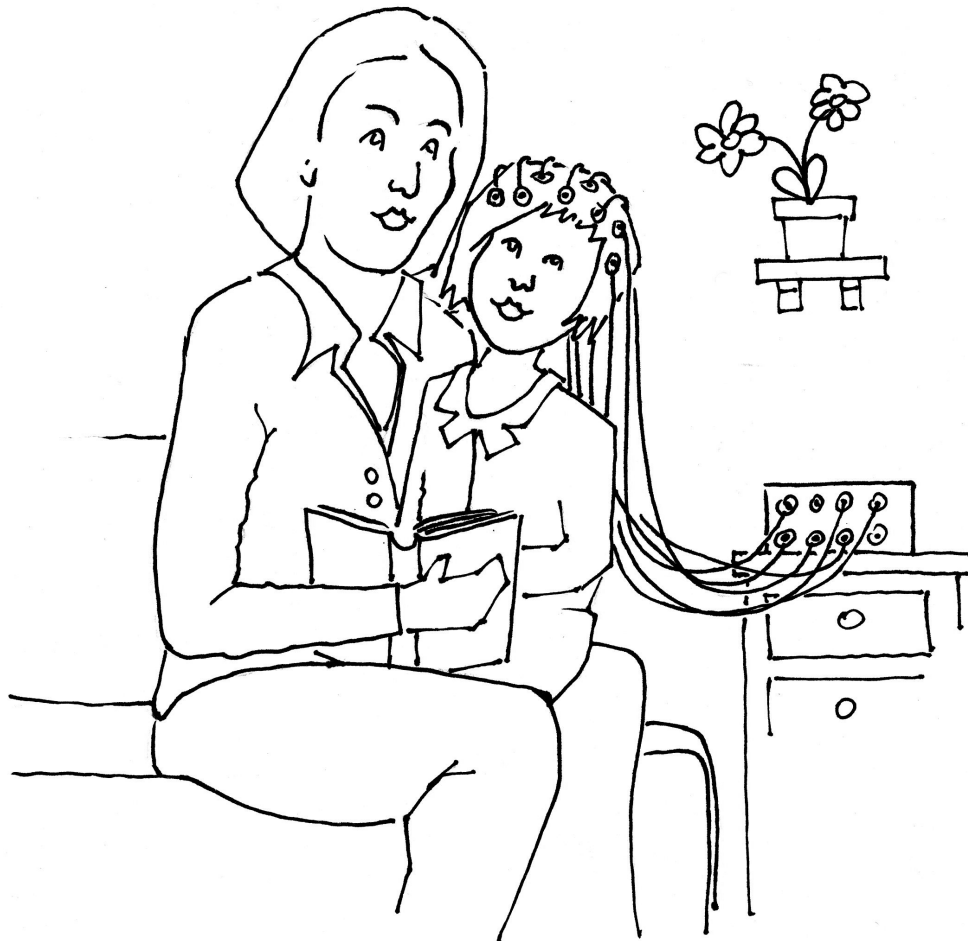
A story for children

Neurophysiology

Emily was told what was going to happen and that her brain waves would be recorded onto the computer. There were toys to play with and a video to watch.

Emily sat on one of the chairs and first of all a tape measure and pencil were used to mark Emily's head. If you are really young you can sit on your mummy's lap.

Then some sticking paste and cream were used to attach some coloured wires to her head. This was cold and tickled a bit.



Emily's having an EEG

A story for children

Neurophysiology

Emily lay down on the bed and the computer recorded her brain waves. She was asked to keep as still as possible and to open and close her eyes a few times.



Later Emily was asked to blow a coloured windmill and watch a bright flashing light.

Emily's having an EEG

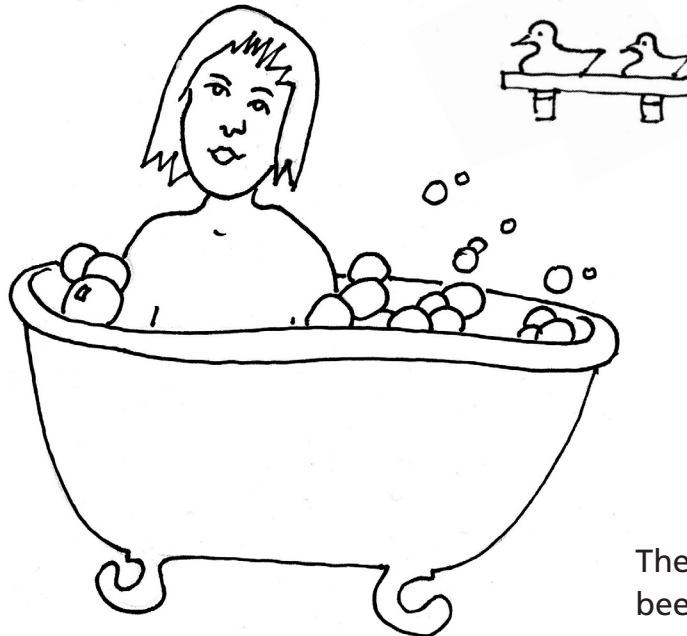
A story for children

Neurophysiology

When the test was finished the coloured wires were taken off with some warm water and cotton wool.

Emily got a certificate for being such a good girl and then went home with her mummy.

Emily's hair was a bit sticky afterwards so her mummy gave her a bath before going to bed and washed her hair.



The images in this story have been drawn by Peter Miles

Further Information

For further information on having an EEG, please see our leaflet 'What is an EEG'.

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5420 or email: swb-tr.swbh-gm-patient-information@nhs.net



A Teaching Trust of The University of Birmingham
Incorporating City, Sandwell and Rowley Regis Hospitals

© Sandwell and West Birmingham Hospitals NHS Trust

Issue Date: October 2012
Last Updated: March 2014
Review Date: October 2014