



Cyclopentolate hydrochloride eye drops (2 drops) before refraction

Information and advice for parents and carers

Orthoptics & Optometry

Surname		Reg no
Forename	Sex	Date of birth
Address		Cons
		Ward/Dept
		Hosp

You have an appointment for refraction in the Eye Department at City/Sandwell Hospital on

..... at

and will require:

Cyclopentolate hydrochloride 1% preservative free eye drops: One drop to be used in each eye on two occasions, 5 minutes apart.

Please start the drops 1 hour before the appointment time at:

1) and again at 2) On

What is refraction?

Refraction is a test to determine what strength glasses your child needs. It involves shining a light into your child's eyes. To prepare for this, you will need to put cyclopentolate hydrochloride drops in your child's eyes. One drop should be used in each eye on two occasions, 5 minutes apart.

Why does my child need cyclopentolate hydrochloride drops before refraction?

Cyclopentolate hydrochloride eye drops dilate (enlarge) the pupils of the eyes and temporarily paralyse the muscles inside the eye.

What is the benefit of using cyclopentolate hydrochloride eye drops before refraction?

The cyclopentolate drops allow the doctor/optometrist to make an accurate reading.

Are there any risks?

- The drops cause blurred vision, making close work difficult for up to 24 hours. It is important that you make sure your child's school/nursery and other carers are aware of this.





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- Side effects are not common but include temporary irritation of the eye such as stinging when the drops are put in, increased pressure within the eye and allergic reactions.
- The drops should not be used if the child is allergic to cyclopentolate hydrochloride or the child's eyes are inflamed (red and bloodshot).
- For a more detailed list of possible side effects, please read the manufacturer's leaflet that comes with the drops.

What are the risks of not using the drops?

If your child does not use the drops the refraction test cannot be performed.

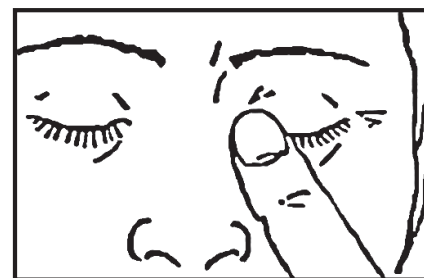
Are there any alternatives?

Cyclopentolate hydrochloride drops will give the most accurate results from the glasses test (refraction) for your child. It is possible that there may be an alternative but this would depend on your child and would need careful discussion with the orthoptist as it would give a less accurate result.

How to use the drops

One drop should be used in each eye on two occasions, 5 minutes apart.

1. Wash your hands.
2. Tilt your child's head back slightly and gently pull down the lower eyelid of the eye.
3. Put one eye drop into the outside corner of each eye.
4. Close the eye and gently press your finger against the inner corner of the eye for at least 1 minute. This is called punctal occlusion and stops the cyclopentolate escaping down the tear duct and being absorbed into the blood circulation where it could affect other parts of the body.
5. Repeat for the other eye
6. Wash your hands
7. After 5 minutes, repeat steps 1-6.



Precautions when using cyclopentolate drops

- Do not use the drops after the expiry date.
- Only use the dose prescribed.
- Do not miss the dose.





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Storing the drops

- Store the eye drops upright in a dry place, away from strong light and below 25°C (room temperature).
- Do not keep them in the fridge.
- Make sure they are out of reach of children.
- Please return any unused drops to the hospital or your local pharmacy for disposal.

Contact details

If you have any questions about the drops, how to use them, or are concerned about any of the side effects please contact the orthoptics department at the hospital your child is attending.

Birmingham and Midland Eye Centre Orthoptics

0121 507 6829

Monday – Friday, 8.30am – 4.30pm

Sandwell General Hospital Orthoptics

0121 507 3202

Monday – Friday, 8.30am – 4.30pm

Outside of working hours please contact the Emergency department (ED) by calling the main hospital switchboard on 0121 553 1831.

Further information

For more information about our hospitals and services please see our websites www.swbh.nhs.uk and www.swbhengage.com, follow us on Twitter @SWBHnhs and like us on Facebook www.facebook.com/SWBHnhs.





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Sources used for the information in this leaflet

- British National Formulary for Children, section 11.1, Administration of drugs to the eye', 2014.
- DataPharm, 'Summary of Product Characteristics for Minims Cyclopentolate Hydrochloride 1%', August 2012.
- British National Formulary for Children, section 11.5, 'Eye: Mydriatics and cycloplegics', 2014.

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5495 or email: swb-tr.swbh-gm-patient-information@nhs.net



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Incorporating City, Sandwell and Rowley Regis Hospitals
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ML4597
Issue Date: June 2014
Review Date: June 2016

