

# Breast screening: what happens next?

Information and advice for women who have attended for breast screening

## ***City, Sandwell and Walsall Breast Screening Service***

Thank you for coming for breast screening.

### **How do I get the result of my breast screening mammogram?**

When your mammogram (breast X-ray) has been checked by 2 specialist film readers we will send you a letter with your result. If you do not receive the letter within 3 weeks please contact the screening office.

### **What are the possible outcomes?**

Most mammograms will be normal and your letter may tell you that there is no need for you to come back until you are due for your next screening appointment in 3 years time, but you should continue to be breast aware.

Some women may be sent a letter inviting them to come to the breast unit. This could be for one of the following reasons:

- Occasionally there can be technical problems with mammograms and they may need to be repeated.
- Sometimes mammograms show small changes that require further tests. If this is the case you will be given more information about why you have been invited back and the tests that you may have.

### **If the result is normal, is there anything I need to do?**

If your result is normal you should still be aware of any changes in your breasts, as these can develop in the three years between your screening appointments.

#### **Be breast aware:**

- Know what is normal for your breasts.
- Look and feel for any changes in your breasts, such as:
  - Lumps
  - Pain
  - Discharge from your nipple
  - Dimpling of the skin
  - Change in the size of one of your breasts
  - A nipple becoming inverted (pulled in), or changing position or shape
- If you notice any changes in your breasts see your GP as soon as you can.
- Continue to go for breast screening every three years.

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### **How long will I continue to be invited for breast screening?**

You will be invited for breast screening every three years up to the age of 70. After you are 70 years old you will not be routinely called for screening, but can still come for screening; you just need to contact the breast screening office one month before your next appointment is due to arrange your next screening.

### **Contact details**

If you are over 70 and need to arrange your next breast screening appointment please call:

#### **City, Sandwell and Walsall**

##### **Breast Screening Service**

0121 507 4967

Monday to Friday, 8am to 4.30pm

Email: [swb-tr.cswbreastscreening@nhs.net](mailto:swb-tr.cswbreastscreening@nhs.net)

If you are worried and would like to speak to one of the breast care nurses please call:

#### **Breast Care Nurses**

##### **Birmingham and Sandwell**

0121 507 4976

Monday to Friday, 8am to 4.30pm

##### **Walsall**

01922 721 172 Ext 7108

01922 721 172 Ext 6404

(Breast Unit Department)

Monday to Friday, 9am to 4pm

For any other queries please call:

##### **Breast Screening Secretaries**

0121 507 4967 – Option 2

#### **City, Sandwell and Walsall**

##### **Breast Screening Service**

Breast Unit

Birmingham Treatment Centre

City Hospital

Dudley Road

Birmingham

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### Further information

For more information about our hospitals and services please see our website [www.swbh.nhs.uk](http://www.swbh.nhs.uk), follow us on Twitter @SWBHnhs and like us on Facebook [www.facebook.com/SWBHnhs](https://www.facebook.com/SWBHnhs).

### Sources used for the information in this leaflet

- NHS Breast Screening Programme, 'Improving the quality of written information sent to women about breast screening', 2007
- NHS Cancer Screening Programmes, 'Be breast aware', 2011
- Patient UK Professional Reference, 'Breast cancer: presentation', June 2012

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5303 or email: [swb-tr.swbh-gm-patient-information@nhs.net](mailto:swb-tr.swbh-gm-patient-information@nhs.net)



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