Sexual Health Services

The Dartmouth Clinic is a free and confidential sexual health service. It is available to everyone, no matter of age, ethnicity or home address.

What does Dartmouth Clinic offer?

The clinic offers:

- Testing and treatment for sexually transmitted infections.
- Emergency contraception (the morning after pill).
- Contraception (condoms, non-latex condoms, femidoms, dental dams).
- Advice on sexual health.
- Assessment and treatment of skin problems in the genital area.

Who should come to the clinic?

Anyone who is having sex can get a sexually transmitted infection and should have a regular check-up and testing. You do not have to have had a lot of partners to pick up an infection; it can only take a single occasion. Some sexually transmitted infections do not cause any symptoms until complications begin, so you should be tested regularly even if you do not have any symptoms.

Your sexual health is just as important as your general health and it is in your own best interest to take it seriously, so why not come for a check-up?

What happens at the clinic?

When you arrive at the clinic, the receptionist will ask you to fill in a registration form. The information you are asked to give on the form is kept confidential. You will then be taken to the waiting area; there are separate waiting areas for males and females.

You will be seen by a nurse or a doctor. You can ask to see a male or a female nurse/doctor and we will do our best to arrange this however cannot guarantee it. The doctor or nurse will ask you some questions about your sexual health and then offer you some tests. They will explain what they are testing for, how the tests are done and why you need them.

You should not feel embarrassed, there is nothing our doctors or nurses have not been asked or shown. We want you to feel comfortable and will be happy to answer any questions.

Before you leave the clinic you will be told when to expect your test results.
Sexual Health Services

What can I get tested for?
We offer testing for the following infections:

- Chlamydia
- Gonorrhoea
- Trichomonas
- Non-specific urethritis
- HIV/AIDS
- Syphilis
- Hepatitis B and C (for those at increased risk)
- Genital herpes (if you have symptoms)
- Thrush
- Bacterial infections

You can find more information about these conditions and tests to diagnose them from NHS Choices (details at the end of the leaflet).

How do I get the results of the tests?
We will contact you if any of your test results are positive. How you are contacted depends on which way you selected when you completed your registration forms. It can be by calling your phone, text or letter.

We will not contact you if everything is ok. No news is good news. Some of the results will be available after 20 minutes, but others can take 1 – 2 weeks.

If you are found to have an infection you will need to let your partner know, so that he/she can be tested and have treatment too. This may be difficult for you so we can advise you on how to do this.

Where is the Dartmouth Clinic?
The Dartmouth Clinic is at:
Sandwell General Hospital
Lyndon
West Bromwich
B71 4HJ

To find the clinic, enter the hospital site from Hallam Street, gate 7. The clinic is then a short walk ahead on the left.

Buses 45 and 46 from West Bromwich bus station will bring you to Hallam Street.
How do I get an appointment at the clinic?
You can call the clinic on 0121 507 3094 to book an appointment, or come along to one of our walk-in clinics without an appointment. If you need an interpreter please let us know when you book your appointment.

Our opening times are as follows:

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<th>Day</th>
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<tr>
<td>Monday</td>
<td>9am – 12.30pm</td>
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<td>8.30am – 12.30pm</td>
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Walk-in clinics
Our walk-in clinics are held on Monday 1.30pm – 3.30pm and Tuesday, Wednesday and Thursday 1.00pm – 3.30pm. Please try and be here for the start of a session as places may be limited. You will not be turned away without being seen; if there are no appointments left to see a doctor you will still be offered advice from a nurse or health advisor.

Family planning and sexual health services are also held at the Lyng Centre in West Bromwich, Rowley Regis Hospital and Victoria Health Centre in Smethwick. Please see the leaflet ‘Sandwell sexual health and family planning services’ for information about what they offer and opening times.

Contact us
If you have any questions or concerns please contact the clinic on:
Tel: 0121 507 3094
Further information
You can get more information about sexually transmitted infections from:

www.nhs.uk/conditions/sexually-transmitted-infections
www.nhs.uk/livewell/stis
www.swbhengage.com (click on sexual health)

There are also information leaflets about sexually transmitted infections available in the waiting areas of the clinic, please help yourself.

For more information about our hospitals and services please see our websites
www.swbh.nhs.uk and www.swbhengage.com, follow us on Twitter @SWBHnhs and like us on Facebook www.facebook.com/SWBHnhs.