

Sandwell Young Adult Diabetes Clinic

Information and advice for patients

Paediatrics

The Sandwell Young Adult Diabetes Clinic is for young adults aged 16-18 who have diabetes. The clinic has been set up to help you prepare to transfer to adult diabetes services, and for life as an adult with diabetes. We hope that by the time we transfer your care to the adult diabetes team, you will feel confident in your ability to manage your diabetes.

Who is the clinic run by?

The young adult diabetes clinic is run by the paediatric diabetes team:

- Dr J C Agwu, Consultant Paediatrician
- Lizbeth Hudson and Gail Higgins, Paediatric Diabetes Nurse Specialists
- Dr Ash Reynolds, Child Psychologist
- Lorna Rowes, Dietitian

Where is the clinic held?

The clinic is held in the Diabetes Centre at Sandwell General Hospital. This is where the adult diabetes clinics are held so gives you the chance to become familiar with the environment where you will be seen when you transfer to adult diabetes care. You will also get to meet the adult diabetes team here informally.

When is the clinic held?

The clinic usually takes place on the second Monday of the month between 2pm and 5pm. You will be sent an appointment to attend the clinic each time.

Who should I contact if I have any questions?

If you have any questions about your diabetes, the young adult clinic or transferring to adult diabetes services you can contact the Paediatric Diabetes Nurse Specialists:

Lizbeth Hudson

0121 507 3476 or 07979 756 463

Monday – Friday, 9am – 5pm

Gail Higgins

0121 507 3476 or 07896 425 172

Monday – Friday, 9am – 5pm

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Further information

For more information about our hospitals and services please see our websites www.swbh.nhs.uk and www.swbhengage.com or follow us on Twitter @SWBHnhs and Facebook www.facebook.com/SWBHnhs.

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5420 or email: swb-tr.swbh-gm-patient-information@nhs.net



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