Health Visiting

Who we are
The health visiting team is made up of:

• Health visitors who are registered nurses and/or midwives with a qualification in health visiting
• Community staff nurses who are registered nurses who support the health visitors
• Community nursery nurses and health care assistants who support the work of the health visiting team
• Health visiting team leaders
• Administrative support staff

The health visiting team works as part of the primary healthcare team with other professionals such as GPs, Midwives, Early Years Workers and Children’s Centres.

Services we offer
The health visiting team provides help and support for pre-school children and their families who live in Sandwell or are registered with a Sandwell GP.

We offer advice and information on a wide variety of health issues in order to promote and encourage healthy lifestyles for you and your family.

We offer regular developmental reviews of your child for early detection of any problems, to address any concerns you may have and provide the appropriate advice and support.

What we can help you with:

• The health and wellbeing of your baby or young child
• The impact of a new baby in your family
• Breastfeeding, infant feeding and dietary advice for your family
• The growth and development of your child
• Accident prevention
• Contraception and sexual health
• Parenting skills and managing children’s behaviour
• Your physical and emotional well-being
• Post-natal depression support
• Domestic abuse support and advice
• Stopping smoking
Health Visiting

- Immunisation advice
- Safeguarding advice and support

We are able to arrange for an interpreter either face to face or via the telephone if you need it, please let us know before your appointment.

Appointments with the health visiting team
You will see the health visiting team regularly when your child is newborn, and then for 1 year and 2-2 ½ years development checks.

If you need any further appointments with your health visitor or have any concerns about your child’s health please contact them at the clinic where they are based. You can find this clinic in your child’s red book.

Please bring your child’s red book to every appointment with the health visitor.

Where we will see you
The health visiting team can see you in your home, GP practice or in a clinic. We can see you on a one-to-one basis or in a group setting.

Contact details
You can contact your health visitor at one of the following team bases:

Friar Park Children’s Centre
0121 505 4401

Glebefields Health Centre
0121 530 8019

Hateley Heath Children’s Centre
0121 612 3373

Holly Lane Clinic
0121 612 5021

Mace Street Clinic
01384 361004

Neptune Health Centre
0121 612 1881

Oldbury Health Centre
0121 612 2667
Health Visiting

Victoria Health Centre
0121 612 3056

Warley Medical Centre
0121 506 6881

Whiteheath Health Centre
0121 612 2723

Yew Tree Healthy Living Centre
01922 423 008

Further information
All children and young people should be registered with a GP. To find a GP call Sandwell Primary Care Trust
0845 155 0500

If you have any complaints or compliments about our service please contact the Patient Advice and Liaison Service (PALS) on 0121 507 5836 or email swb-tr.pals@nhs.net

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5420 or email: swb-tr.swbh-gm-patient-information@nhs.net