

Multiple Sclerosis Specialist Nurse Service

Information and advice for patients

Multiple Sclerosis

The multiple sclerosis specialist nurses at Sandwell and West Birmingham Hospitals NHS Trust provide a wide range of services to people with multiple sclerosis and their carers.

Who are the MS nurses?

The Multiple Sclerosis (MS) nurses are nurses who have specialist knowledge on Multiple Sclerosis that allows us to recommend treatments and symptom management and to advise other professionals on the correct management strategies. We liaise closely with the Consultant Neurologists when approached for help and communicate with them on a regular basis.

Our aims

To offer support and advice to people who are diagnosed with MS.

To work alongside the information provided by the consultant and GP.

To provide advice, not only to the person with MS, but also for those caring for people with MS.

What services do we provide?

We offer:

- Disease modifying therapy
- Nurse-led clinics
- Home visits
- Outpatient clinics
- Intravenous Methylprednisolone (inpatient)
- Relapse management
- Training/ teaching sessions
- Telephone advice

We can also provide you with relevant information leaflets about your condition and treatments and refer to other agencies such as social services, physiotherapy, occupational therapy, speech and language therapy and voluntary agencies for support if needed.

We also arrange meetings to look at both local and regional issues for people with MS and give ideas to help improve the services available.

Who are our services available to?

We see people within the Heart of Birmingham PCT and those in Sandwell on disease modifying therapies, as they are the main users of facilities within City Hospital. However, we can see people from other areas at our discretion. If you live outside of the area we cover, we can direct you to the appropriate nursing services in your area.

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You can refer yourself to our service by contacting us, or your consultant, GP or other healthcare professional can refer you.

Contact details

If you have any questions or concerns you can contact the MS nursing service for advice on:

0121 507 6647

Monday – Friday, 9am - 5pm

We value any suggestions you may have to improve the service we provide so please contact us on the number above with your comments.

Further information

For more information and advice about MS and support available:

Multiple Sclerosis Society

0808 800 8000

www.mssociety.org.uk

For more information about our hospitals and services please see our website:

Sandwell and West Birmingham Hospitals NHS Trust

www.swbh.nhs.uk

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5420 or email: swb-tr.swbh-gm-patient-information@nhs.net



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