

Advice following assessment at the breast unit

Information and advice for patients

City, Sandwell & Walsall Breast Screening Service

The results of your assessment at the breast unit have shown that there is nothing to be concerned about. If you are still worried you can speak to one of our breast care nurses.

What happens next?

You will be discharged from the breast unit so you don't need to come back. We will send the results of your assessment to your GP.

We will invite you for your next routine breast screening appointment in 3 years time.

Is there anything I need to do?

You should still be aware of any changes in your breasts, as these can develop in the 3 years between your screening appointments.

Be breast aware:

- Know what is normal for your breasts.
- Look and feel for any changes in your breasts, such as:
 - Lumps
 - Pain
 - Discharge from your nipple
 - Dimpling of the skin
 - Change in the size of one of your breasts
 - A nipple becoming inverted (pulled in), or changing position or shape
- If you notice any changes in your breasts see your GP as soon as you can.
- Continue to go for breast screening every 3 years.

How long will I continue to be invited for breast screening?

You will be invited for breast screening every 3 years up to the age of 70. After you are 70 years old you will not be routinely called for screening, but can still come for screening; you just need to contact the breast screening office 1 month before your next appointment is due to arrange your next screening.

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Contact details

If you are over 70 and need to arrange your next breast screening appointment please call:

City, Sandwell and Walsall

Breast Screening Service

0121 507 4967 - Option 1

Monday to Friday, 9am - 4pm

Email:

swb-tr.cswbreastscreening@nhs.net

If you are worried and would like to speak to one of the breast care nurses please call:

Breast Care Nurses

Birmingham and Sandwell

0121 507 4976

Monday – Friday, 9am – 4pm

Walsall

01922 721 172 ext 7108

(Breast Care Nurses)

01922 721 172 ext 6404

(Breast Unit Department)

Monday – Friday, 9am – 4pm

For any other queries please call:

Breast Screening Secretaries

0121 507 4967 -Option 2

City, Sandwell & Walsall

Breast Screening Service

Breast Unit

Birmingham Treatment Centre

City Hospital

Dudley Road

Birmingham

B18 7QH

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Further information

For more information about our hospitals and services please see our website www.swbh.nhs.uk, follow us on Twitter @SWBHnhs and like us on Facebook www.facebook.com/SWBHnhs.

Sources used for the information in this leaflet

- NHS Breast Screening Programme, 'Improving the quality of written information sent to women about breast screening', 2007
- NHS Cancer Screening Programmes, 'Be breast aware', 2011
- Patient UK Professional Reference, 'Breast cancer: presentation', June 2012

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5303 or email: swb-tr.swbh-gm-patient-information@nhs.net



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